

“You cannot make people learn. You can only provide the right conditions for learning to happen.”

- Vince Gowmon

DID YOU KNOW?

In the US,  **1 in 5 students** ages 12-18 has been bullied during the school year.

 **SPLITTING ATTENTION**
Between class teachings and cellphones or laptop use **hinders long term retention**

Alarming Dangers in School Zones



The Facts About Teen Pedestrians

 /week
There are 5 teen pedestrian deaths every week in the United States.

 **13%** ↑
There has been a 13% increase in the pedestrian death rate for 12-19-year-olds since 2013.

Age 15-19

population pedestrian deaths

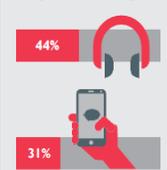
In 2015, while teens ages 15-19 made up 26 percent of all children ages 0-19 years, they made up about half of the pedestrian fatalities.

We observed 39,000 middle and high school students and 56,000 drivers in school zones in 2016.

Distracted walking is on the rise. We observed it in 1 in 4 high school students and 1 in 6 middle school students.



Distracted teens were most likely to be wearing headphones or texting.



Unsafe street crossing behavior was observed in about 80% of students.



Unsafe drop-off or pick-up behavior was observed in nearly 1 in 3 drivers.



SITUATIONAL AWARENESS

- Don't give kids a long list of things to watch for.** They won't remember it and may ignore it because it's too overwhelming. Focus on the basics.
- Try some activities.** Pick out something to look for when you're walking or driving, like out-of-state license plates. This gets kids in the habit of looking around and noticing things.
- Watch people.** When you're at a mall or amusement park, ask your child to pick a person and describe him or her. How tall are they? What are they wearing? How old do they think the person is? What kind of work might they do?
- Teach contact information.** Make sure your small children know basic information—their address and phone numbers, their parents' full names, and so forth. Also, establish who they should and shouldn't share the information with—a teacher at school, for example, but not a stranger on the street.

What Communities Can Do to Protect Kids on the Move

Install proven interventions, like crosswalks, speed limits, visible signs and traffic lights.
Marked crosswalks were missing in 3 out of 10 observed crossings.

Set and enforce speed limits in school zones at no more than 20 mph.
Low speed limits (≤20 mph) were observed in only about 4 out of 10 school zones.

Educate parents and students about **dangerous walking and driving habits** (e.g., crossing mid-block, texting or talking on the phone.)

Implement and enforce school **drop-off/pick-up** policies.



CYBERSECURITY TIPS FOR STUDENTS

- Avoid Sharing Personal Information:** Be mindful about the information you divulge online — such as school names, email addresses, home addresses and telephone numbers.
- Invest in Virus Protection:** Ensure you have antivirus protection with anti-phishing support installed on all devices (desktops, laptops, tablets, etc.). Set it to update automatically and run virus scans at least once a week.
- Keep Software Up to Date:** Be sure to keep your operating system, browser software and apps fully updated with patches. Even new machines can have out-of-date software that can put you at risk.
- Be on Guard for Phishing:** Do not open email attachments from untrusted sources. You may be expecting emails from group members or teachers but use caution when opening any attachments.
- Be Careful What You Click:** Avoid visiting unknown websites or downloading software from untrusted sources. These sites can host malware that will install (often silently) and compromise your computer. (UC Berkeley)

RESOURCES

- Mental Health America:** 24-hour Crisis Center, call 1-800-273-8255 or text 4HOPE to 741741
- NCMEC Cyber Tipline:** Available 24/7, call 1-800-843-5678 or report.cybertip.org
- National Suicide Prevention Lifeline:** toll-free, 24/7, call/text 988 OR 1-800-273-8255
 - Spanish Speakers: Call 1-888-628-9454
 - Deaf/Hard of Hearing: Call 1-800-799-4889

